

UNEB U.C.E HOME MANAGEMENT PAPER 1 AND 2 2008

PAPER 1

THEORY

SECTION A

Answer three questions from this section with ne question from each part.

PART I- HOUSE CRAFT.

1. a) Describe the qualities of a good home.
- b) Outline the advantages and disadvantages of the following floor finishes.
 - i.) Mud
 - ii) Wood
2. a) What are the dangers of having household pests?
- b) Explain how one can control the following pests in the home.
 - i) Cockroaches
 - ii) Mosquitoes.

PART II- LAUNDRY

3. a) What are the points to be remembered when laundering a cotton 'T' shirt?
- b) Describe the procedure you would follow when starching an apron using hot water starch.
- c) How would you remove the following stains?
 - i) Sap stain from the cotton apron.
 - ii) Grass stain from cotton skirt.
4. a) What is hard water?
- b) Explain the disadvantages of hard water in laundry.
- c) Describe two methods of removing hardness from water.
- d) Outline the functions of each of the following in laundry
 - (i) Fabric softener
 - (ii) Jik

PART III - MEAL MANAGEMENT

5. a) How can one prevent monotony in meals?
- b) Outline the advantages and disadvantages of stewing as a method of cooking.
- c) What are the factors to consider when planning meals for convalescents?
6. a) Explain three ways in which bacteria can contaminate food.
- b) State the precautions that should be taken when handling food to prevent food poisoning.
- c) Outline the guidelines to be followed when storing food in a refrigerator.

SECTION B

Answer two questions from this section.

PART IV - MOTHERCRAFT

7. a) what advice would you give to a pregnant mother about her
- (i) diet,
 - (ii) Clothing?
- b) Why are mothers encouraged to breast feed their children?
- c) Explain how a mother should care for a baby's feeding equipment.
8. One of the phases of the family life cycle is the 'expanding family'.
- a) Outline the common problems that are experienced during this period.
 - b) Explain how you would overcome the problems in (a) above.
 - c) How can accidents be prevented in the home?
9. a) How does play promote child development?
- b) What are the factors to be considered when caring for a child with measles?
- c) Explain the problems of single parenting.

PAPER 2

PRACTICAL

1. You are nursing a three year old boy with measles at home.
- a) Prepare a nutritious main course of a meal for his lunch.
 - b) Launder a set of his beddings and bath towel.
 - c) Clean and arrange his nursing room.
2. Your cousin is to spend two days with you before she proceeds for her holiday.
- a) Thoroughly clean and arrange the sitting room where you will receive her.
 - b) Using short crust pastry, prepare a dish and serve with coffee for the two of you.
 - c) Launder her set of clothes she wore when travelling. Mend an undone side seam and clean her travelling bag.
3. The senior four Home Economics class is organizing a farewell party.
- a) Prepare the following for the party:
- (i) A steamed item.
 - (ii) Cookies
 - (iii) A creamed baked item and a drink.
- b) Thoroughly clean a departmental refrigerator and arrange it.
- c) Carry out the following laundry processes:
- (i) Laundering a cotton shirt
 - (ii) Sponging and pressing a suit.
4. The school mechanic has left behind his dirty greased clothes.
- a) Launder a set of his clothes including removing a grease stain from one of them.

- b) Thoroughly clean and arrange the bathroom he used after the heavy duty.
- c) Prepare a two course lunch for the two of you.
5. Your sister has shifted to a new apartment.
- a) Thoroughly clean and arrange the kitchen for use.
- b) Prepare, cook and serve a main course of a meal for lunch using smoked fish as the main dish.
- c) Mend the hem of the cotton curtain of the kitchen and launder it. Also launder a night wear and a neck tie.
6. Your mother has been working in the garden.
- a) Launder a set of her garden clothes and remove a grass stain.
- b) (i) Clean the gumboots she has been using.
(ii) Thoroughly clean and set the dining room, which you will use.
- c) Prepare two refreshing items for a snack and serve with a drink.
7. a) Show your skills in using the following methods of cooking by preparing one item in each case for a packed snack.
- (i) Frying
- (ii) Roasting
- b) Make a suitable drink to accompany the two dishes in "a" above.
- c) Launder a set of your father's daily clothes in which you show skills in using cold water starch and removing tea stain.
- d) Thoroughly clean and arrange a toilet.