

Preamble for Home Management (6075)

The Examinations Council of Zambia has made adjustments to the assessment of **Home Management** at Grade 12 level so as to be in line with the revised **Home Management** Senior Secondary School Syllabus of 2013 developed by Curriculum Development Centre (CDC) of the Ministry of General Education.

Purpose

The purpose of the Grade 12 Home Management assessment is to measure candidates' knowledge, understanding and application of skills in both the home and hospitality industry. It will also serve the purpose of certification and placement.

Assessment Objectives

Candidates will be assessed against the following objectives:

Food and Nutrition

1. Exhibit the ability to plan and manage time during food preparation.
2. Demonstrate knowledge and skill in meal preparation and presentation for different needs and occasions.
3. Demonstrate knowledge and skill on the use of modern and improvised equipment and materials in food preparation.

House Craft

1. Demonstrate knowledge and skill on choosing and planning a home.
2. Demonstrate basic skills in cleaning the home and use of various materials.
3. Market and cost accessories, articles and services made and provided to clients.
4. Develop a sense of cooperative endeavour and entrepreneurship.
5. Demonstrate knowledge and skills in interior and exterior decoration.

Laundry

1. Demonstrate basic skills in laundering various articles.
2. Show an understanding in the use of various laundry materials and equipment.
3. Identify different types of fibres and fabrics and how to care for them.

Parenthood

1. Identify types of families and the roles for each family member.
2. Demonstrate understanding of the factors influencing the size of a family.
3. Appreciate and embrace traditional ceremonies from different provinces.

Health and safety

1. Exhibit knowledge on safe lifestyles, reproductive health and delivery.
2. Show the ability to treat simple accidents and ailments.
3. Demonstrate understanding of social health and care services.

Needlework and Crafts

1. Identify fibres and fabrics used in the home.
2. Demonstrate ability to apply principles on needlework and crafts.
3. Identify needlework tools and equipment.
4. Show understanding in various processes in needlework and crafts

Test Design

The Home Management Examination at Grade 12 level will have two papers.

1. Paper 1 will be theory
Paper 1 will comprise two sections: Section A (parenthood, health and safety, and needlework and crafts) and Section B (food and nutrition, housecraft and laundry).
2. Paper 2 will be practical.

Paper name	Paper code	Duration	Mark allocation	Weight
Home Management – Paper 1	6075/1	2 hours	100	50%
Home Management – Paper 2 (Planning)	6075/2	1 hour 30 minutes	100	50%
Home Management – Paper 2 (Practical)	6075/2	3 hours		
Total			200	100%

EXAMINATIONS COUNCIL OF ZAMBIA

Examination for School Certificate Ordinary Level

Home Management

6075/1

Paper 1 Theory

Additional Material(s)
Answer Booklet

Time: 2 hours

Instructions to candidates

- 1 Write your name, centre number and candidate number on the Answer Booklet in the spaces provided.
- 2 There are **ten** questions in this paper. Answer **five** questions in total.
- 3 Answer **two** questions from **Section A** and three questions from **Section B**.
- 4 All candidates are expected to write the question numbers chosen on the grid provided on the front page of the Answer Booklet in the order they have answered.
- 5 Write your answers for each question on a separate page of the Answer Booklet provided.
- 6 If you use more than one Answer Booklet, tie together with a string, do not staple them.

Information for candidates

The number of marks is given in brackets [] at the end of each question or part question.

You should make use of illustrations. Answers in note form are acceptable.

Cell phones are not allowed in the examination room.

SECTION A

Parenthood, Health and Safety and Needlework and Crafts

Answer two questions only from this section

- 1 Write notes on the following:
- (a) Possible effects on the unborn child of a pregnant woman who smokes; [5]
 - (b) The Under Five Clinic; [5]
 - (c) Washing and finishing off children's clothes; [5]
 - (d) Suitable clothes for a pregnant woman. [5]
- [20 marks]**
- 2 Young girls who get pregnant while at school usually avoid attending antenatal clinic.
- (a) Explain how this can affect their health and that of their babies. [4]
 - (b) Define the following terms:
 - (i) Ectopic pregnancy;
 - (ii) Labour;
 - (iii) Episiotomy;
 - (iv) Abortion. [8]
 - (c) Write **four** precautions a pregnant woman should follow. [4]
 - (d) State **four** danger signs in pregnancy. [4]
- [20 marks]**
- 3
- (a) Write down **six** points to consider when setting up children's nursery/bedroom [6]
 - (b) (i) State **five** points you would consider when purchasing a cot bed for a baby. [5]
(ii) Name **three** types of cots beds. [3]
 - (c) (i) Define the word habit. [2]
(ii) State the first **four** habits to be taught to a child. [4]
- [20 marks]**

- 4 Explain how you would:
- (a) Include Vitamin C in a child's diet; [5]
 - (b) Choose shoes for a toddler; [5]
 - (c) Plan a healthy snack for a toddler; [5]
 - (d) Help a young child with a Special Educational Need. [5]

[20 marks]

SECTION B

Food and Nutrition, Housecraft and Laundry

Answer three questions only from this section

- 5 A kitchen garden is sometimes called a backyard garden.
- (a) Write at least **four** important points of having a kitchen garden. [4]
 - (b) List down **six** common vegetables that are grown in the backyard or kitchen garden. [6]
 - (c) What points do you consider when planning a kitchen garden? [6]
 - (d) Explain the following terms:
 - (i) Mulching; [2]
 - (ii) Compost. [2]

[20 marks]

- 6 An invalid has little appetite and therefore extra care must be taken in the preparation of the food.
- (a) (i) Define invalid. [2]
 - (ii) List down **six** important rules to follow when preparing meals for invalids. [6]
 - (b) Explain the type of food that should be served to the following and give reasons for your choice:
 - (i) An invalid with a broken arm; [4]
 - (ii) An invalid with diarrhoea; [4]
 - (iii) An invalid with high fever. [4]

[20 marks]

- 7** Fibres are used to make fabrics.
- (a) Name **two** groups in which fibres are classified. [2]
 - (b) State **three** properties of each of the following fibres:
 - (i) Cotton; [3]
 - (ii) Wool; [3]
 - (iii) Linen; [3]
 - (iv) Silk. [3]
 - (c) Write **three** basic weaves used in fabric construction. [3]
 - (d) How do you identify fabrics? [3]
- [20 marks]**

- 8** The surroundings in which we live make our environment.
- (a) Define the following terms:
 - (i) Environmental hygiene; [2]
 - (ii) Sanitation; [2]
 - (iii) Drainage. [2]
 - (b) Differentiate between organic and inorganic refuse. [2]
 - (c) State **four** causes of poor sanitation in your community. [4]
 - (d) Explain the problems associated with poor sanitation. [4]
 - (e) List **four** communicable diseases found in your community. [4]
- [20 marks]**

- 9** A good and well organized occasion can easily be messed by bad table manners/etiquette.
- (a) Mention **five** table manners that can be observed during meal times. [5]
 - (b) What factors do you consider when entertaining guests? [5]
 - (c) With the aid of a diagram, illustrate a table setting for a **three** course meal. [5]
 - (d) List at least **five** foods suitable to serve for high tea. [5]
- [20 marks]**

- 10 (a)** State the names of **three** hard woods used in the home. [3]
- (b)** Write **three** reasons why they are expensive. [3]
- (c)** Describe how you would care for each of the following:
- (i)** A plain woolen table in the kitchen; [5]
 - (ii)** A polished coffee table; [5]
 - (iii)** A formica topped table in the kitchen. [4]

[20 marks]

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