



EXAMINATIONS COUNCIL OF ZAMBIA

JUNIOR SECONDARY SCHOOL LEAVING EXAMINATION (GRADE 9) – 2016

Home Economics Paper 2 (601/2)

Practical Test

(INTERNAL AND EXTERNAL CANDIDATES)

NOTE: Eight tests to be selected by the teacher.

MARKS: 60

TIME: 1 hour 30 minutes

For writing the plan of work

15 minutes

For preparation on day of test

2 hours 30 minutes

For practical test

INSTRUCTIONS TO CANDIDATES FOR PREPARATION SESSION

Study the test you have been given.

You are given 1 hours 30 minutes in which to:

1. (i) Make a plan of work (in duplicate using carbon paper) giving:
 - the number of the test you have drawn.
 - a list of dishes chosen with recipes (not the method).
 - the article(s) to be laundered (a full description should be given, e.g. dirty, small, coloured cotton table cloth).
 - the article(s) needed for housewifery.
- (ii) On the plan of work show the basic method you are going to use and the order in which you are going to do your test, indicating the time at which you will start each piece of practical work.
2. On another sheet of paper (in duplicate using carbon paper) make a list of:
 - ingredients you require.
 - cleaning materials you require.
 - equipment you will need.

NOTE: Recipe books may be used during the preparation session, but they must not be used during the Practical Examination, as you will refer to your plan of work.

Cell phones are not allowed in the examination room.

Practical cookery, housecraft and parenthood

- 1✓ Your aunt is coming to visit you.
 - (a) Prepare a midday meal that you will eat together.
 - (b) Make a refreshing drink.
 - (c) Clean a bedroom window.
 - (d) Launder a table cloth you are going to use.
 - (e) Display your work.
- 2✓ You are going to give a health talk to HIV/AIDS patients.
 - (a) Demonstrate how to prepare a two course meal using fish as a protein.
 - (b) Launder linen bed sheets.
 - (c) Clean a bedroom.
 - (d) Prepare a fruit salad.
 - (e) Display your work.
- 3✓ There will be a fête at your church. Your visiting Pastor is a lacto vegetarian.
 - (a) Prepare macaroni cheese.
 - (b) Prepare a fruit drink.
 - (c) Launder a table linen/cloth.
 - (d) Clean an upholstered chair.
 - (e) Display your work.
- 4 You are on transfer to a boarding school.
 - (a) Prepare meat pies from left over foods.
 - (b) Make a nourishing drink.
 - (c) Prepare small cakes to carry.
 - (d) Clean and pack your travelling bag.
 - (e) Pack in suitable containers.
- ✓ 5 You have just passed Grade 9 examinations and your parents have asked you to celebrate with friends.
 - (a) Launder any coloured cotton attire which you will wear.
 - (b) Make a cake and some sausage rolls.
 - (c) Make orangeade or lemonade.
 - (d) Clean a handbag.
 - (e) Display your work.

- ✓ 6 Demonstrate how to care for a mother who has just given birth.
- (a) Prepare a liver and kidney casserole with creamed potatoes.
 - (b) Make a hot beverage.
 - (c) Launder cot sheets.
 - (d) Make an improvised cot for the baby.
 - (e) Display your work.
- ✓ 7 You are moving into a new house.
- (a) Launder two chair covers.
 - (b) Prepare sweet and savoury snacks.
 - (c) Prepare a beverage.
 - (d) Clean the sitting room.
 - (e) Display your work.
- 8 Your elder brother will be preparing for his engagement party.
- (a) Prepare a three course meal for two people.
 - (b) Clean a wooden table.
 - (c) Launder two table napkins.
 - (d) Polish his leather shoes.
 - (e) Display your work.
- ✓ 9 It is Zambian night.
- (a) Prepare a traditional beverage.
 - (b) Prepare a meal using local foods.
 - (c) Launder a table cloth to be used.
 - (d) Make a dry flower arrangement.
 - (e) Display your work.
- ✓ 10 Your grandfather is living with you.
- (a) Prepare a substantial breakfast for him and yourself.
 - (b) Launder his silk pyjamas.
 - (c) Clean the dinning room you are going to use.
 - (d) Clean a stainless steel tray.
 - (e) Display your work.