



EXAMINATIONS COUNCIL OF ZAMBIA

JUNIOR SECONDARY SCHOOL LEAVING EXAMINATION (GRADE 9) - 2017

Home Economics Paper 2 (601/2)

Practical Test

(INTERNAL CANDIDATES)

- Note:** All eight tests are to be allocated to the candidates.
- Marks:** 60
- Time:** 1 hour 30 minutes For writing the plan of work
15 minutes For preparation on day of test
2 hours 30 minutes For practical test

Instructions to candidates for preparation session

Study the test you have been given.
You are given 1 hours 30 minutes in which to:

- 1 (i) Make a plan of work (in duplicate using carbon paper) giving:
 - the number of the test you have drawn.
 - a list of dishes chosen with recipes (not the method).
 - the article(s) to be laundered (a full description should be given, e.g. dirty, small, coloured cotton table cloth).
 - the article(s) needed for housewifery.
- (ii) On the plan of work show the basic method you are going to use and the order in which you are going to do your test, indicating the time at which you will start each piece of practical work.
- 2 On another sheet of paper (in duplicate using carbon paper) make a list of:
 - ingredients you require.
 - cleaning materials you require.
 - equipment you will need.

NOTE: Recipe books may be used during the preparation session, but they must not be used during the Practical Examination, as you will refer to your plan of work.

Cell phones are not allowed in the examination room.

Practical cookery, housecraft and parenthood

- 1** You will be having a Zambian night at your school.
 - (a) Prepare village chicken, nshima and vegetables for the guest of honour.
 - (b) Launder a traditional attire.
 - (c) Make a dry floral arrangement.
 - (d) Clean a reed mat.
 - (e) Display your work.

- 2** Your mother has been advised by the Medical Doctor to become a strict vegetarian.
 - (a) Prepare bean stew and suitable accompaniments.
 - (b) Make a fruit salad.
 - (c) Launder her night dress.
 - (d) Clean her bedroom and make the bed.
 - (e) Display your work.

- 3** You are a member of the Anti-AIDs Club.
 - (a) Demonstrate how to make some nourishing soup for an HIV-AIDs patient.
 - (b) Prepare, cook and serve a suitable balanced meal for the patient.
 - (c) Wash and sterilize his/her bath towel.
 - (d) Make a fresh flower arrangement for the meal table.
 - (e) Display your work.

- 4 Your father will be celebrating his 50th Birthday.
- (a) Using 200g flour, prepare jam tarts.
 - (b) Make a cake for the occasion.
 - (c) Launder a table cloth to display on a table.
 - (d) Clean a fruit basket and pack assorted fruits to present to your father.
 - (e) Display your work.
- 5 You will be having a Home Economics exhibition.
- (a) Make some meat pies, Victoria sandwich cake, biscuits and a beverage.
 - (b) Clearly label and cost the items.
 - (c) Skirt the table.
 - (d) Launder an apron.
 - (e) Display your work.
- 6 Your family wants to make use of all the left over foods in the refrigerator.
- (a) Prepare, cook and serve three dishes from the following left over foods;
 - (i) mince,
 - (ii) nshima,
 - (iii) samp meal.
 - (b) Make a vegetable salad.
 - (c) Clean the refrigerator.
 - (d) Launder three (3) kitchen towels.
 - (e) Display your work.



- 7** Groundnuts provide a good source of protein.
- (a) Pound 500g of groundnuts and use it to prepare one of the following foods;
 - (i) dried or fresh leafy vegetables,
 - (ii) dried meat or fish
 - (b) Prepare suitable accompaniments to the chosen dish in (a).
 - (c) Launder a white cotton table cloth.
 - (d) Make an improvised funnel.
 - (e) Display your work.
- 8** You have decided to go out for a picnic with your friends.
- (a) Clean a picnic basket.
 - (b) Prepare bread sandwiches with suitable filling, plain scones and a green lettuce salad.
 - (c) Prepare a beverage suitable for packing.
 - (d) Pack the food in the basket.
 - (e) Display your work.

