

CAMEROON GENERAL CERTIFICATE OF EDUCATION BOARD

Technical and Vocational Education Examination

FAMILY LIFE EDUCATION AND GERONTOLOGY 1

7045



JUNE XXXX

ADVANCED LEVEL

| | |
|---------------------------|----------------------------|
| Specialty(Specialty Code) | HOME ECONOMICS (HEC) (ESF) |
| Centre No. | |
| Centre Name | |
| Candidate No. | |
| Candidate Name | |

Mobile phones are **NOT** allowed in the examination room

7045 FAMILY LIFE EDUCATION AND GERONTOLOGY 1: MULTIPLE CHOICE QUESTION PAPER

One and a half hours

INSTRUCTIONS TO CANDIDATES

Read the following instructions carefully before you start answering the questions in this paper. Make sure you have a soft HB pencil and an eraser for this examination.

1. USE A SOFT HB PENCIL THROUGHOUT THE EXAMINATION.
2. DO NOT OPEN THIS BOOKLET UNTIL YOU ARE TOLD TO DO SO.

Before the examination begins:

3. Check that this question booklet is headed **Advanced Level –7045 FAMILY LIFE EDUCATION AND GERONTOLOGY 1**
4. Insert the information required in the spaces above.
5. Insert the information required in the spaces provided on the answer sheet using your HB pencil:
Candidate Name, Exam Session, Subject Code, Centre Number and Candidate Number. Take care that you do not crease or fold the answer sheet or make any marks on it other than those asked for in these instructions.
6. **Answer ALL questions**
7. Each question has FOUR suggested answers: **A, B, C** and **D**. Decide on which answer is correct. Find the number of the question on the Answer Sheet and draw a horizontal line across the letter to join the square brackets for the answer you have chosen.
For example, if **C** is your correct answer, mark **C** as shown below:
[A] [B] **[C]** [D]
8. Mark only one answer for each question. If you mark more than one answer, you will score a zero for that question. If you change your mind about an answer, erase the first mark carefully, then mark your new answer.
9. Avoid spending too much time on any one question. If you find a question difficult, move on to the next question. You can come back to this question later.
10. Do all rough work in this booklet, using, where necessary, the blank spaces in the question booklet.
11. Texts, notes and pre-prepared materials of any kind are also **NOT** allowed in the examination room.
12. **At the end of the examination, the invigilator shall collect the answer sheet first and then the question booklet after. DO NOT ATTEMPT TO LEAVE THE EXAMINATION HALL WITH IT.**

Turn Over

1. A risk factor or warning sign during pregnancy can be;

| | |
|---|------------------|
| A | Enlarged stomach |
| B | Convulsion |
| C | Vomiting |
| D | Weight gain |

2. Development of a baby starts from;

| | |
|---|-------|
| A | Legs |
| B | Gland |
| C | Brain |
| D | Head |

3. Two factors that influence development in children

| | |
|---|------------------------------|
| A | Environment and heredity |
| B | Heredity and genes |
| C | Genes and resemblance |
| D | Environment and surroundings |

4. Marriages which are contracted in a hurry are known as;

| | |
|---|-------------------------------|
| A | Customary marriage |
| B | Marriage with special license |
| C | Special church ordinance |
| D | Special church marriage |

5. Oral rehydration therapy (ORS) is used for the treatment of;

| | |
|---|--------------|
| A | Fever |
| B | Constipation |
| C | Diarrhoea |
| D | Colic |

6. Children's first learning materials are known as;

| | |
|---|---------|
| A | Toddles |
| B | Shakes |
| C | Rattles |
| D | Toys |

7. A person's pattern of doing things can be described as his/her

| | |
|---|---------|
| A | Culture |
| B | Nature |
| C | Habit |
| D | Custom |

8. What result after the puncture of a sharp object on the skin

| | |
|---|--------|
| A | Bruise |
| B | Cuts |
| C | Burns |
| D | Scalds |

9. Family planning is;

| | |
|---|---|
| A | Deciding on where to stay |
| B | Financial status |
| C | Deciding on the number of children to have |
| D | Deciding of the number of family members to live with |

10. A term used to describe constipation of milk in children;

| | |
|---|------------------|
| A | Milk intolerance |
| B | Milk digestion |
| C | Stomach upset |
| D | diarrhoea |

11. The first milk produced by a nursing mother is called;

| | |
|---|-----------------|
| A | Yellow milk |
| B | Colostrums milk |
| C | Creamy milk |
| D | Breast milk |

12. The vaccine that protects children against tuberculosis;

| | |
|---|-------------------|
| A | Triple vaccine |
| B | Quadruple vaccine |
| C | BCG |
| D | VAR |

13. Instructions about sex and related issues is known as;

| | |
|---|-----------------|
| A | Sex education |
| B | Cultural habits |
| C | Sex teachings |
| D | Day care centre |

14. The place where a kid is kept while the mother is at work is called;

| | |
|---|-----------------------|
| A | Home for the needy |
| B | Health care centre |
| C | Social welfare centre |
| D | Day care centre |

15. A contraceptive method that requires the cooperation of the man and woman

| | |
|---|-------------|
| A | Condom |
| B | Safe period |
| C | Pill |
| D | Jelly |

16. A common complaint during pregnancy is;

| | |
|---|-------------|
| A | Heart burn |
| B | Miscarriage |
| C | Eclampsia |
| D | Toxaemia |

17. Toddlers can have extra vitamins in the form of;

| | |
|---|---------------|
| A | Enriched pap |
| B | Mashed yam |
| C | Scrambled egg |
| D | Fruit juice |

18. A toddler is an infant between;

| | |
|---|-------------|
| A | 9-18 months |
| B | 1-2years |
| C | 9-12 years |
| D | 2-2 ½ years |

19. Pressure ulcer usually occurs on:

| | |
|---|--------------|
| A | Chest |
| B | Other ankles |
| C | Legs |
| D | abdomen |

20. Hepatitis B affects one of these

| | |
|---|----------|
| A | Pancreas |
| B | Brain |
| C | Liver |
| D | Kidney |

21. The type of immunity achieved after recovery from an illness;

| | |
|---|----------|
| A | Acquired |
| B | Active |
| C | Passive |
| D | Innate |

22. Which among these is a respiratory disease;

| | |
|---|-------------|
| A | Polio |
| B | Catarrh |
| C | Pneumonia |
| D | Dipertheria |

23. Exclusive breast feeding is;

| | |
|---|--|
| A | Feeding a baby on the breast |
| B | Feeding a baby with breast milk only |
| C | Feeding a baby breast milk in a feeding bottle |
| D | Alternating breast milk and milk |

24. Exclusive breast feeding is advantageous to the mother because;

| | |
|---|---|
| A | Its free from germs |
| B | Its easy to digest |
| C | Its balanced |
| D | Its help the womb to return to its position |

25. A hypertrophic baby is a result of;

| | |
|---|---------------|
| A | Alcoholism |
| B | Rapid growth |
| C | Marasmus |
| D | Pre-eclampsia |

26. Indicate a warning sign during weaning

| | |
|---|------------------------|
| A | Failure to gain weight |
| B | Recurrent vomiting |
| C | Obesity |
| D | Insomnia |

27. Select a disability common with the aged;

| | |
|---|------------|
| A | Grey hair |
| B | Dementia |
| C | Waist pain |
| D | Back pain |

28. Older adults are usually depressed due to;

| | |
|---|---------------|
| A | Loneliness |
| B | Body weakness |
| C | Forgetfulness |
| D | Sadness |

29. A permanent birth control method;

| | |
|---|-------------------------|
| A | Skin implant |
| B | Cervical cap |
| C | Vasectomy |
| D | Contraceptive injection |

30. An overweight child should avoid eating;

| | |
|---|------------------|
| A | Bananas as snack |
| B | Russian salad |
| C | In between meals |
| D | Pan cakes |

31. Sources of vitamin D are;

| | |
|---|----------------------------------|
| A | Sardine, potatoes, cabbage |
| B | Liver, palm oil, green vegetable |
| C | Margarine, fresh tomatoes, sun |
| D | Margarine, eggs, sardine |

32. Congenital infant mortality is caused by;

| | |
|---|----------------------------------|
| A | Ignorance |
| B | Malnutrition during pregnancy |
| C | Technical fault during pregnancy |
| D | Carelessness |

33. Identify a precaution to follow when using powder milk;

| | |
|---|-----------------------------------|
| A | Always store in a dry place |
| B | Always keep immediately after use |
| C | Always check the expiring date |
| D | Use left over to prepare pap |

34. Complementary foods enable the child to;

| | |
|---|----------------------------|
| A | Eat to satisfaction |
| B | Have a variety in his diet |
| C | Choose the food he likes |
| D | Swallow semi solid foods |

Turn Over

35. At what age should vegetable be first introduced to infants;

| | |
|---|--------------|
| A | 6-8 months |
| B | 8-10 months |
| C | 10-12 months |
| D | 11-12 months |

36. Still birth can be the result of;

| | |
|---|---------------------------|
| A | Alcoholism |
| B | Huger pangs |
| C | Material distress |
| D | Fetal growth restrictions |

37. A menopausal woman having signs that makes her uncomfortable should

| | |
|---|-------------------------------|
| A | Drink red wine in the evening |
| B | Get a fan |
| C | Get regular exercise |
| D | Acquire an air conditioner |

38. What is IUD

| | |
|---|----------------------|
| A | Intra-uterine device |
| B | Inta-uterine device |
| C | Intre-uterine device |
| D | Intra-uterus device |

39. Menarche is;

| | |
|---|--------------------|
| A | Menstrual bleeding |
| B | Menstrual period |
| C | Discharge of blood |
| D | Primary menses |

40. The way to stay healthy and deliver a healthy baby is to;

| | |
|---|--------------------------|
| A | Drink enough water |
| B | Drink alcohol moderately |
| C | Eat plenty of eggs |
| D | Eat balanced meals |

41. The measles vaccine is administered through;

| | |
|---|-------------|
| A | Injection |
| B | Droplets |
| C | Inoculation |
| D | vaccination |

42. Semen is the combination of ;

| | |
|---|----------------------------|
| A | Gamete and fluids |
| B | Seminal fluids and gametes |
| C | Sperms and fluids |
| D | Sex glands and fluids |

43. The most visible growth in a child is

| | |
|---|-----------|
| A | Mental |
| B | Social |
| C | Spiritual |
| D | Physical |

44. The hormone responsible for secretion of breast milk;

| | |
|---|--------------|
| A | prolactin |
| B | Oxytocin |
| C | Adrenalin |
| D | Progesterone |

45. The organ that provides the foetus with food;

| | |
|---|--------------|
| A | Amniotic sac |
| B | Placenta |
| C | Ovary |
| D | Endometrium |

46. Most childhood diseases can be identified by;

| | |
|---|-----------------------------------|
| A | Skin observation |
| B | Changing countenance of the child |
| C | Naughtiness of the child |
| D | Refusal to eat |

47. The basic biological change in old age;

| | |
|---|--|
| A | Increasing sense of self work |
| B | Gradual increase of basal metabolic rate |
| C | Increase in the number of cells |
| D | Gradual loss of functional calls |

48. Osteoporosis is;

| | |
|---|--------------|
| A | Strong bones |
| B | Soft bones |
| C | Long bones |
| D | Weak bones |

49. Geriatrics is;

| | |
|---|----------------------------------|
| A | Care and treatment of the aged |
| B | Care and diagnosis of the aged |
| C | Care and nourishment of the aged |
| D | Care and development of the aged |

50. A condition, characterised by loss of memory and judgement;

| | |
|---|---------------|
| A | Mental loss |
| B | Cerebral loss |
| C | Dementia |
| D | Early madness |

NOW GO BACK AND CHECK YOUR WORK