



FAMILY LIFE EDUCATION AND GERONTOLOGY 2
7045

CAMEROON GENERAL CERTIFICATE OF EDUCATION BOARD

Technical and Vocational Education Examination

JUNE XXXX

ADVANCED LEVEL

Specialty Name (Specialty Code)	HOME ECONOMICS (HEC) (ESF)
Subject Title	FAMILY LIFE EDUCATION AND GERONTOLOGY
Paper No.	2
Subject Code No.	7045

Three Hours

INSTRUCTIONS TO CANDIDATES

Candidates are required to answer **FOUR** questions.

Choosing **Three** questions from Part A and **One** question from Part B.

Each question carries **25**marks.

You are reminded of the necessity for good English and orderly presentation in your answers.

You are advised to read carefully through the question paper, before you begin your answers.

In calculations, you are advised to show all the steps.

Turn Over

XXXX/7045/2/C

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PART A: PROBLEM SOLVING
ANSWER ANY THREE QUESTIONS FROM THE PART

1. (a) Indicate eight (08) factors that may influence aging in individuals. **(8 marks)**
(b) Explain five (05) diseases common to the elderly. **(5 marks)**
(c) Plan a day's menu for an elderly woman suffering from osteoarthritis. **(5 marks)**
(d) Enumerate five (05) guidelines which if observed can moderate individual needs and good eating habits. **(5 marks)**
(e) List two (02) factors which influence speech development in children. **(2 marks)**
(Total= 25 marks)
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2. (a) Establish an immunization calendar for infants age 0-9 months. **(9 marks)**
(b) Nutrients are vital for children's growth. Give the dietary recommended allowance for two and state its function **(6 marks)**
(c) Outline five (5) symptoms of measles in children. **(5 marks)**
(d) State five (5) qualities of a baby's cot. **(5 marks)**
(Total= 25 marks)
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3. (a) Suggest six (6) pre-requisites for successful breast feeding. **(6 marks)**
(b) Give three (03) advantages and three (03) disadvantages of complementary feeding. **(6 marks)**
(c) Define the word;
(i) Complementary feeding.
(ii) Duress feeding.
(iii) Artificial feeding. **(6 marks)**
(d) Outline four (04) respiratory diseases common in children. **(4 marks)**
(e) Differentiate between ponderal and statural growth. **(3 marks)**
(Total= 25 marks)
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4. (a) List three (03) female reproductive hormones. **(3 marks)**
(b) Propose a domestic treatment for a child suffering from diarrhea. **(6 marks)**
(c) Outline five (5) importance of the old to the family. **(5 marks)**
(d) List and explain any three (03) aspects of growth and development in an infant. **(9 marks)**
(e) Enumerate two (02) ways by which dehydration can be prevented in the elderly. **(2 marks)**
(Total= 25 marks)
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PART B-CASE STUDY

Answer any one question from this part

5. Most developed world countries have accepted the chronological age of 65 years as a definition of the elderly or older person. Equally, in Cameroon, the birth rate is on the increase and we are expecting that the children born should grow healthy and attain adult age.

Based on the above text, answer the questions below;

- (a) Define the following words;
- (i) Bed sore
 - (ii) Diabetes
 - (iii) Birth rate
 - (iv) Bedridden
 - (v) Infant mortality
- (b) Outline four (04) activities that take place in old peoples home. **(4 marks)**
- (c) Enumerate five (05) measures the Cameroonian government has taken to ensure that maternal and infant mortality is curbed in Cameroon. **(5 marks)**
- (d) Identify the medical institution that cares for the mothers and children in Cameroon, briefly outlining five (05) role of that institution. **(6 marks)**
- (Total= 25 marks)**
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6. Parturition is the culmination of a period of pregnancy with the expulsion of one or more new born infants from a woman's uterus, The process of normal childbirth is categorical in three stages of labour; the shortening and the dilation of the cervix, the descent and birth of the infant, and the expulsion of the placenta.

Based on the above text, answer the following questions below;

- (a) List and explain three (03) examinations done on a pregnant woman. **(6 marks)**
- (b) Explain three (03) causes of a cesarean session during delivery. **(3 marks)**
- (c) Enumerate three (03) signs of labor. **(6 marks)**
- (d) Outline six (06) causes of maternal mortality. **(6 marks)**
- (e) Cite four (04) ways by which children's nutrition could be managed to ensure that their health is well managed so that they attain the health goals of the Cameroonian government. **(4 marks)**
- (Total= 25 marks)**
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