



JUNE XXXX

INTERMEDIATE LEVEL

Subject Title	FOOD NUTRITION AND HEALTH 3
Subject Code No.	5035
Paper No.	PRACTICALS

TWO HOURS

Planning: 30minutes

Practical work: 1hour 30 minutes

INSTRUCTIONS TO CANDIDATES

- Your choice of questions shall be by balloting from the number of questions provided.
- Write down your choice of work, materials needed, equipment and ingredients.
- Write out the methods
- All questions carry equal marks (100 marks)

Turn Over

1) Prepare, cook and serve lunch for an 80 years old man after the extraction of his molar. Include a refreshing drink.

2) Prepare, cook and serve two (2) traditional dishes, include a mixed vegetable salad.

3) Prepare, cook and serve three (3) suitable birthday dishes for a 5 years old child.



